



## Create a user manual

This tool will help you to understand how other members of your team prefer to work, and allow you to share your working preferences

Name:

.....

**How do you work best?**

**What does it look like when you disagree?**

**When do you need help?**

**What does it look like when you are stressed?**

**What do you want help to look like?**

**What are your strengths, what areas do you want to improve?**